



Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

January

- Jan 2
(Ongoing) **Arthritis Foundation Exercise Program, Norman**
Cleveland County Family YMCA
Must Pre-Register. Contact Maria Gray (405) 364-9622
- Jan 3 Hennessey Public Schools Employee Health Fair
Arthritis Information Available
Hennessey Elementary School
Contact Cindy Tucker at (405) 853-7936 for more information
- Jan 9
(12-3:00p) **Satellite Broadcast**
“The Chronic Disease Self-Management
Program: Why you should adopt this program”
Oklahoma State Department of Health, OKC
Call (405) 271-9444, x56535 for more information.
- Jan 9 **Arthritis Foundation Exercise Program, Burlington**
Riverside Church of Christ
Must Pre-Register. Contact Odessa McLemore (580) 474-2224
- Jan 9
(10-11a) **Arthritis Foundation Exercise Program, Enid**
Oakwood Activity Center
Must Pre-Register. Contact Mike Watts (580) 234-4464
- Jan 11 **Oklahoma Arthritis Network Meeting**
Oklahoma State Department of Health, OKC
Call (405) 271-9444, x56535 for more information.
Videoconferencing Not Available
- Jan 11 Leadership Guthrie
Arthritis Presentation
Heather Ward, Logan County Health Department
- Jan 23
(Ongoing) **Arthritis Foundation Exercise Program, Woodward**
First United Methodist Church
Must Pre-Register. Contact Odalee Craighead at (580) 256-6448
- Jan 29
(Ongoing) **Arthritis Foundation Exercise Program, Norman**
OSU Extension
Must Pre-Register. Contact Jaimie Watt (405) 271-4476

February

- Feb 5
(9:15-10a) Sunbeam Senior Companion Services
Arthritis Presentation
"Physical Activity and Arthritis"
Speaker: Sue Painton, AF Exercise/Self Help Program Leader

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: marisan@health.ok.gov



Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

Metro Tech, Automotive Building at South Bryant, OKC
Contact Dana Crum (405) 528-7724, ext. 166 for more information

- Feb 6
(4-5p) **Arthritis Foundation Exercise Program, OKC**
Epworth Villa
Must Pre-Register. Contact Sue Painton (405) 936-5684
- Feb 6
(10:30-11:30a) **Arthritis Foundation Exercise Program, Lawton**
Center for Creative Living
Must Pre-Register. Contact (580) 248-0471
- Feb 6
(9-10a) **Arthritis Foundation Exercise Program, Geronimo**
Senior Nutrition Center
Must Pre-Register. Contact (580) 355-6206
- Feb 8 **OAN Steering Committee Meeting**
Contact (405) 271-9444 x56410
- Feb 11 **Arthritis Foundation Aquatics Program
Leader Training Workshop, Tulsa**
If interested in becoming a leader, call Stephanie LaFevers
at (800) 400-4526
- Feb 21
(10-11a) **Arthritis Foundation Exercise Program, Elgin**
Elgin Nutrition Center
Must Pre-Register. Contact Shona Lennon (405) 936-3366
- Feb 25 **Arthritis Foundation Aquatics Program Re-Certification, Norman**
Cleveland County Family YMCA
Must Pre-Register. Contact Stephanie Settle (405) 364-9622 ext. 135
- March
- Mar 1-2
(9-5p) **Arthritis Foundation Self Help Program
Leader Training Workshop, Tulsa**
If interested in becoming a leader, call Stephanie LaFevers
at (800) 400-4526
- Mar 5
(1-2p) **Arthritis Foundation Exercise Program, Enid**
Senior Life Network-Oakwood Mall
Must Pre-Register. Contact Brandi Fossett (580) 249-2236 or
(800) 749-1149
- Mar 13
(3-3:45p) "Blueprint for the Future of Aging Services" OKAHSAs Annual Meeting
Arthritis Presentation
"Physical Activity and Arthritis"
OAN Speaker: Dearborn Edwards, MD., OUHSC, College of
Medicine, Department of Geriatric Medicine
Reed Center, Midwest City, OK

Questions?

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Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

- Mar 19
(10-11a) **Arthritis Foundation Exercise Program, Coweta**
Wagoner County OSU Extension
Must Pre-Register. Contact Stephanie LaFevers at (800) 400-4526
- Mar 20
(10:45-11:45a)
(1-2:00p) The Home and Community Education SW District
OSU Cooperative Extension – Mustang High School
Arthritis Presentation
"Physical Activity and Arthritis"
Speaker: Sandra Main, RN AF Self Help Program Leader
Contact LaDonna Dunlop (405) 713-1125 for more information
- Mar 21-23 **2007 Oklahoma Conference on Minority Aging**
"Rising Up...*the spirit of aging*", Marriott Southern Hills, Tulsa
Speakers: Brandi Fossett, NODA Area Agency on Aging,
and Chris Harden, COEDD Area Agency on Aging
Call Theresa Beverage (800) 375-8255 Ext.130 for more information
- Mar 27-28 8th Annual Conversations on Community Renewal Conference
Arthritis Information Available
"Planting Seeds for Oklahoma's Future," Reed Center, MWC
Call (405) 208-8882 for more information
- Mar 30 **Arthritis Foundation Exercise Program
Leader Training Workshop, Tulsa**
If interested in becoming a leader, call Stephanie LaFevers
at (800) 400-4526

April

- Apr 2-6 National Public Health Week**
- Apr 3 **Arthritis Foundation Exercise Program, Woodward**
First United Methodist Church
Must Pre-Register. Contact Odalee Craighead (580) 256-6448
- Apr 4
(9:30-11:30a) **Arthritis Foundation Self Help Program, Broken Arrow**
Silver Arrow Estates
Must Pre-Register. Contact Stephanie LaFevers (800) 400-4526
- Apr 5 **Oklahoma Arthritis Network Meeting**
Oklahoma State Department of Health, OKC
Call (405) 271-9444 x56535 for more information.
- Videoconferencing Available;
- Rogers County Health Department - (918) 341-3166**
Garfield County Health Department - (580) 233-0650, ext. 147

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: marisan@health.ok.gov



Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

Beaver County Health Department - (580) 625-3693
Wagoner County Health Department - (918) 485-3022
Marshall County Health Department - (580) 795-3705
Tulsa County Health Department - (918) 582-9355
Texas County Health Department - (580) 338-8544
Canadian Co. Health Department - (405) 262-0042

- Apr 5 Agri-Quest Trade/Health/Safety Event, Laverne
Arthritis Information Available
Contact Jolena Graves (580) 921-2029 for more information
- Apr 10
(10-12p) **Arthritis Foundation Self Help Program, Pryor**
Mayes County Health Department
Must Pre-Register. Contact Stephanie LaFevers (800) 400-4526
- Apr 14
(10-4p) Health Fair, Woodward County Fair Grounds
Arthritis Information Available
- Apr 25
(10:45-11:15a) Women's Health Forum, Chickasha County Fairgrounds
Arthritis Presentation
"Physical Activity and Arthritis"
Speaker: Cynthia Robinson, MS, OT/L, Department of Rehabilitation Sciences OUHSC
Contact Debbie Tallent (405) 224-9404 for more information
- Apr 25
(1-3p) **Arthritis Foundation Self Help Program, Tahlequah**
Tahlequah Senior Center
Must Pre-Register. Contact Stephanie LaFevers (800) 400-4526
- Apr 28 Hispanic Health Fair, OKC
Arthritis Information Available
Contact 236-0701 for more information
- April 28 **Arthritis Walk—Stillwater**
To register: www.stillwaterarthritiswalk.kintera.org
(405) 936-3366 or (800) 627-5486
- April 28 **Arthritis Walk—Lawton**
To register: www.lawtonarthritiswalk.kintera.org
(405) 936-3366 or (800) 627-5486

MAY is ARTHRITIS MONTH!!!

- May 3 **Oklahoma Arthritis Network Meeting**
Oklahoma State Department of Health, OKC
Call (405) 271-9444, x56535 for more information.
- Videoconferencing Available;

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: marisan@health.ok.gov



Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

Beaver County Health Department (580) 625-3693
Carter County Health Department (580) 223-9705
Cherokee County Health Department (918) 456-8826
Comanche County Health Department 580-248-5890
Creek County Health Department 918-224-5531
Garfield County Health Department 580-233-0650, ext. 147
Greer County Health Department 580-782-5531
Harper County Health Department (580) 921-2029
Kay County Health Department 580-762-1641
Marshall County Health Department 580-795-370
Mayes County Health Department 918-825-4224
Muskogee County Health Department 918-683-0321
Oklahoma State Department of Health 405-271-9444, ext. 56535
Ottawa County Health Department 918-540-2481
Pottawatomie County Health Department 405-273-2157
Rogers County Health Department 918-341-3166
Sequoyah County Health Department (918) 775-6201
Tulsa County Health Department 918-582-9355
Wagoner County Health Department 918-485-3022
Woods Co. Health Department (580) 327-3192
Woodward County Health Department 580-256-6416

- May 5 **Arthritis Walk—Ardmore**
To register: www.ardmorearthritiswalk.kintera.org
(405) 936-3366 or (800) 627-5486
- May 6 **Arthritis Walk—Tulsa**
To register: www.tulsaarthritiswalk.kintera.org
(800) 400-4526
- May 7-12 **Arthritis Television Presentation**
“Joy in Our Town” – KTBO TV Channel 14
“Arthritis and Sports Injuries”
Mark Anderson, PT, ATC Dept. of Rehab. Sciences OUHSC
- May 8
(11a) **Chronic Disease Self Management Program Kick Off Event**
Courage to Take Charge – Taking Control of Your Health
Ringwood Nutrition Site (MARC Center), Ringwood, OK
Contact Judy Broomfield or Peggy Hager (580) 237-4810
for more information
- May 8
(6-8p) **Arthritis Foundation Self Help Program, Langston**
Langston University
Must Pre-Register. Contact Shona Lennon (405) 936-3366
or (800) 627-5486
- May 8-10 2007 Annual Oklahoma Conference on Aging
“Physical Activity and Arthritis”
Reed Center, Midwest City, OK

Questions?

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Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

Keynote Speaker: Marisa New, OTR, MPH,
OSDH Arthritis Prevention and Education Program
Contact 405-488-7314 for more information

May 10
(10-2p) Baptist Village Health Fair, Cleveland
Arthritis Information Available
Contact Peggy Moore-Gardner (918) 358-2546 for more information

May 12
Arthritis Walk—Enid
To register: www.enidarthritiswalk.kintera.org
(405) 936-3366 or (800) 627-5486

May 12
Arthritis Walk—Bartlesville
To register: www.bartlesvillearthritismwalk.kintera.org
(800) 400-4526

May 18
(5:30p) **Arthritis Television Presentation**
KSBI TV Channel 52
“Arthritis Wellness”
Marisa New, OTR, MPH

May 19
Arthritis Walk—Oklahoma City
To register: www.okcarthritiswalk.kintera.org
(405) 936-3366 or (800) 627-5486

May 19
Arthritis Walk—Norman
To register: www.normanarthritismwalk.kintera.org
(405) 936-3366 or (800) 627-5486

May 19
21st Anniversary Asian Festival, Oklahoma City
Arthritis Information Available
Oklahoma History Center
Contact Tinny Chang (405) 722-1338 for more information

May 21-26
Arthritis Television Presentation
“Our House” – KTBO TV Channel 14
“Physical Activity and Arthritis”
Dearborn Edwards, MD, Internist, OU College of Medicine,
College of Geriatric Medicine

June

Jun 6
(5-7p) **Arthritis Foundation Self Help Program, Tulsa**
Tulsa Community College
Must Pre-Register. Contact Stephanie LaFevers (800) 400-4526

Jun 7
OAN Steering Committee Meeting
Contact (405) 271-9444 x56410

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: marisan@health.ok.gov



Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

- Jun 9 **Arthritis Foundation Exercise Program Leader Training Workshop, OKC**
If interested in becoming a leader, call Shona Lennon at (800) 627-5486
- Jun 11
(10-11am) **Arthritis Foundation Exercise Program, Apache**
Apache Housing Authority
Must Pre-Register. Contact Lynn Thomas (580) 588-2905
- Jun 12
(11am-12pm) **Arthritis Foundation Exercise Program, Lawton**
Comanche Nation Elder Center
Must Pre-Register. Contact Marilyn Figueroa (580) 492-6434
- Jun 14
(12:30p) **OSDH Nutrition and Physical Activity Division Teleconference**
"Could Arthritis Be a Barrier to Increased Physical Activity Among Adults with Diabetes and/or Cardiovascular Disease?"
Oklahoma State Department of Health, Room 704, OKC
- Jun 15
(11a) **EnhanceFitness Program Kick Off Event, Shawnee**
Shawnee Senior Site
Contact Shelly Webb (405) 246-8381 for more information
- Jun 18
(8:30a) **EnhanceFitness Program, Shawnee**
Shawnee Senior Site
Contact Shelly Webb (405) 246-8381 for more information
- Jun 19 **"Physical Activity and Arthritis"**
Chickasaw Nation Elders Conference
Marisa New, OTR, MPH, OSDH Arthritis Prevention and Education Program
- Jun 19
(9:00a) **Chronic Disease Self Management Program, Ringwood**
Ringwood MARC Center
Must Pre-Register. Contact Judy Broomfield or Peggy Hager (580) 237-4810 for more information
- Jun 19
(11a) **EnhanceFitness Program Kick Off Event, Thackerville**
Windstar Casino
Contact Karen Cook (580) 795-9790 for more information
- Jun 21 **Arthritis Foundation Self Help Program, Muskogee**
Muskogee County Health Department
Must Pre-Register. Contact Martha Alford (918) 682-0321
- Jun 21 Lions Club
Arthritis Presentation
"Physical Activity and Arthritis"
Shona Lennon, Arthritis Foundation Oklahoma Chapter

Questions?

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Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

Jun 28
(10a-12p) **EnhanceFitness Program Kick Off Event, Shawnee**
Shawnee Community Center
Contact Shelly Webb (405) 246-8381 for more information

Jun 29
(11a) **EnhanceFitness Program Kick Off Event, Wilburton**
Wilburton Nutrition Center
Contact Ellen Young (580) 981-7005 or (866) 465-4840
for more information

Jun 30 **Arthritis Foundation Aquatic Program Leader
Training Workshop, OKC**
If interested in becoming a leader, call Shona Lennon at
(800) 627-5486

July

Jul 5 **OAN Steering Committee Meeting**
Contact (405) 271-9444 x56410

Jul 6-10 **2007 Camp J.A.M.—“Juvenile Arthritis and Me”**
Arthritis Foundation, Oklahoma Chapter
Free to children ages 6-12 with juvenile arthritis
Must Pre-Register. Contact Shona Lennon
405-936-3366 or 800-627-5486; www.arthritis.org

Jul 9
(10-11a) **EnhanceFitness Program, Shawnee**
Shawnee Community Center
Contact Shelly Webb (405) 246-8381 for more information

Jul 9
(11:00a) **Chronic Disease Self Management Program Kick Off Event**
Kingfisher Nutrition Site, Kingfisher
Contact Judy Broomfield or Peggy Hager (580) 237-4810
for more information

Jul 9
(10:00a) **EnhanceFitness Program, Wilburton**
Wilburton Senior Nutrition Site
Contact Ellen Young (580) 236-3705 for more information

Jul 10
(11:00a) **Chronic Disease Self Management Program Kick Off Event**
Watonga Nutrition Site, Watonga
Contact Judy Broomfield or Peggy Hager (580) 237-4810
for more information

Jul 11
(11:00a) **Chronic Disease Self Management Program Kick Off Event**
Helena Nutrition Site, Helena
Contact Judy Broomfield or Peggy Hager (580) 237-4810
for more information

Questions?

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Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

- Jul 14-15 **Arthritis Radio Presentation**
"Increasing Physical Activity in People with Chronic Disease-
Reducing barriers created by Arthritis"
OCAST Statewide Radio Stations
Speakers: Teresa Brady, PhD, Senior Behavioral Scientist, CDC
Arthritis Program and Marisa (New) Wells, OTR, MPH, Coordinator,
OSDH Arthritis Prevention and Education Program
- July 23
(9:00a) **Chronic Disease Self Management Program, Kingfisher**
Kingfisher Nutrition Site
Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- July 24
(9:00a) **Chronic Disease Self Management Program, Watonga**
Watonga Nutrition Site
Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- July 25
(9:00a) **Chronic Disease Self Management Program, Helena**
Helena Nutrition Site
Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- Jul 25 **Arthritis Foundation Self Help Program, Claremore**
Rogers County Health Department
Must Pre-Register. Contact Renetta Harrison (918) 341-3166 x234
- Jul 30 & 31
(30th-10:30a)
(31st-2:30a) **Arthritis Television Presentation**
"Joy in Our Town" – KTBO TV Channel 14
"HEALTH - Women & Arthritis"
Featuring: Betsy Replogle, Chair OAN
Moderator: Rev. George Young

August

- Aug 2 **Oklahoma Arthritis Network Meeting**
Oklahoma State Department of Health, OKC
Call (405) 271-9444 x56535 for more information.
- Videoconferencing Available;
Rogers Co. Health Department - (918) 341-3166
Garfield Co. Health Department - (580) 233-0650, ext. 147
Beckham Co. Health Department - (580) 225-1173
Harper Co. Health Department – (580) 921-2029
Tulsa Co. Health Department - (918) 582-9355
Ottawa Co. Health Department - (918) 540-2481

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: marisan@health.ok.gov



Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

- Aug 2 - 4
(2nd-2:30a)
(3rd-12p)
(4th-2:30a)
- Arthritis Television Presentation**
"Joy in Our Town" – KTBO TV Channel 14
"HEALTH - Women & Arthritis"
Featuring: Betsy Replogle, Chair OAN
Moderator: Rev. George Young
- Aug 6
(6:30-8:30p)
- Arthritis Foundation Self Help Program, Tulsa**
St. Francis Hospital Education Center
Must Pre-Register. Contact Kulsum Siddiqui (918) 495-3553
- Aug 6
(2-3p)
- Arthritis Foundation Exercise Program, Coweta**
Carriage Crossing
Must Pre-Register. Contact Kulsum Siddiqui (918) 495-3553
- Aug 7
(4-5p)
- Arthritis Foundation Exercise Program - Spanish, OKC**
Baptist Olivet Church
Must Pre-Register. Contact (405) 951-2277, #2 for Spanish
- Aug 7
(9:30-10:30a)
(Ongoing)
- Arthritis Foundation Exercise Program, Woodward**
First United Methodist Church
Must Pre-Register. Contact Elise Solloway (580) 256-5386
- Aug 8
(10-11a)
(Ongoing)
- Arthritis Foundation Exercise Program, Okay**
Okay Area Senior Citizens Center
Must Pre-Register. Contact Leslie Vick (918) 485-3022
- Aug 10
(6-8p)
- Arthritis Foundation Self Help Program, Marietta**
Love County Health Department
Must Pre-Register. Contact Janie Pennington (580) 276-2531
- Aug 17
- Oklahoma Turning Point Council Meeting
Living Longer, Living Stronger Presentation
Contact Karen Higgins (405) 271-944 ext. 56513 for more information
- Aug 27
(11:00a)
- Chronic Disease Self Management Program Kick Off Event**
Waukomis Nutrition Site, Waukomis
Contact Judy Broomfield or Peggy Hager (580) 237-4810
for more information
- Aug 28
(11:00a)
- Chronic Disease Self Management Program Kick Off Event**
NODA Area Agency on Aging, Enid
Contact Judy Broomfield or Peggy Hager (580) 237-4810
for more information
- Aug 29
(11:00a)
- Chronic Disease Self Management Program Kick Off Event**
Cherokee Nutrition Site, Cherokee
Contact Judy Broomfield or Peggy Hager (580) 237-4810
for more information

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: marisan@health.ok.gov



Oklahoma Arthritis Network (OAN)

2007 Calendar of Events

September

- Sep 4
(9:00a) **Chronic Disease Self Management Program, Waukomis**
Waukomis Nutrition Site
Must Pre-Register. Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- Sep 4
(11-12p)
(Ongoing) **Arthritis Foundation Exercise Program, Broken Arrow**
St. Francis Broken Arrow Outpatient Physical Therapy Dept.
Must Pre-Register. Contact Barbara Connor (918) 451-5143
- Sep 5
(9:00a) **Chronic Disease Self Management Program, Enid**
NODA Area Agency on Aging
Must Pre-Register. Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- Sep 6
(9:00a) **Chronic Disease Self Management Program, Cherokee**
Cherokee Nutrition Site
Must Pre-Register. Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- Sep 6 **OAN Steering Committee Meeting**
Contact (405) 271-9444 x56410
- Sept 11
(4-5p) **Arthritis Foundation Exercise Program, OKC**
Epworth Villa
Must Pre-Register. Contact Sue Painton (405) 936-5684
- Sept 11
(10-11a) **Arthritis Foundation Exercise Program, Enid**
Oakwood Activity Center
Must Pre-Register. Contact Mike Watts (580) 234-4464
- Sep 15
(9-12p) Health Fair Sponsored by Community Health Centers Inc.,
City Church, and Homeless Alliance
Arthritis Information Available
Contact Susan Geurin (405) 272-0476 for more information
- Sep 19 Oklahoma State Fair, Senior Day
Arthritis Exhibit
"Exercise Your Way to Pain Relief" - Exercise Demonstration
with Sue Painton, MS, AF Exercise/Self Help Program Leader
- Sep 20 "Oklahoma's Centennial: A New Frontier In Aging" - OKDHS
Aging Services Division Nursing Conference, Norman
Arthritis Presentation
"Arthritis: Self Management Programs"
Speaker: Sue Painton, AF Exercise/Self Help Program Leader

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: marisan@health.ok.gov



Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

- Sep 24
(5:30-7:30p) **Arthritis Radio Presentation**
KOKC, AM 1530
Featuring: Betsy Replogle, Chair OAN
- Sep 24
(5:45p) **Arthritis Television Presentation**
KSBI Channel 52
Featuring: Betsy Replogle, Chair OAN
- Sep 27
(1:00p) **EnhanceFitness Program Kick Off Event, Shawnee**
Shawnee Towers Senior Living Apartments
Contact Donna Keyes (405) 640-9708 for more information
- Sep 28
(1:00p) **EnhanceFitness Program Kick Off Event, Shawnee**
High Rise Senior Living Apartments
Contact Donna Keyes (405) 640-9708 for more information
- Sep 29
(10:00a) **Arthritis Walk—McAlester**
To register: www.mcalesterarthritiswalk.kintera.org
(405) 936-3366 or (800) 627-5486

October

- Oct 1
(5-6p) **Arthritis Foundation Exercise Program, Tulsa**
Tulsa Community College, Northeast Campus
Must Pre-Register. Contact Kulsum Siddiqui (918) 495-3553
- Oct 1
(1-3p) **Arthritis Foundation Self Help Program, Wagoner**
Yorkshire Village
Must Pre-Register. Contact Leslie Vick or Linda Born (918) 485-3022
- Oct 1
(10-11a) **EnhanceFitness Program, Shawnee**
Shawnee Towers Senior Living Apartments
Contact Donna Keyes (405) 640-9708 for more information
- Oct 1
(1:30-2:30p) **EnhanceFitness Program, Shawnee**
High Rise Senior Living Apartments
Contact Donna Keyes (405) 640-9708 for more information
- Oct 3
(1:15-2:15p) **EnhanceFitness Program, Tecumseh**
Tecumseh Senior Center
Contact Shelly Webb (405) 246-8381 for more information
- Oct 2
(10:30-11:30a) **Arthritis Foundation Exercise Program, Lawton**
Center for Creative Living
Must Pre-Register. Contact (580) 248-0471

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: marisan@health.ok.gov



Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

- Oct 3
(3-5p) **Arthritis Foundation Self Help Program, Tahlequah**
Go-Ye Village
Must Pre-Register. Contact Carol McKiel (918) 456-3331
- Oct 4 **Oklahoma Arthritis Network Meeting**
Oklahoma State Department of Health, OKC
Call (405) 271-9444 x56535 for more information.
- Videoconferencing Available;
Cleveland County Health Department - (405) 579-2214
Rogers County Health Department - (918) 341-3166
Mayes County Health Department - (918) 825-4224
Pontotoc County Health Department - (580) 332-2011
Harper County Health Department - (580) 921-2029
Wagoner County Health Department - (918) 485-3022
- Oct 8 **Arthritis Foundation Self Help Program, Midwest City**
Mary Mahoney Memorial Health Center
Must Pre-Register. Contact Debbie Haller (405) 769-3301, ext. 1204
- Oct 13 **Arthritis Foundation Exercise Program
Leader Training Workshop, OKC**
If interested in becoming a leader, call Shona Lennon
at (405) 936-3366
- Oct 13 **Arthritis Walk—Tahlequah**
To register: www.tahlequaharthritiswalk.kintera.org
(800) 400-4526
- Oct 17 **EnhanceFitness Program Kick Off Event, Seminole**
Seminole Heritage House
Contact Shelly Webb (405) 246-8381 for more information
- Oct 23 **EnhanceFitness Program, Seminole**
Seminole Heritage House
Contact Shelly Webb (405) 246-8381 for more information
- Oct 23
(11:30a) **Chronic Disease Self Management Program Kick Off Event**
Blackwell Nutrition Site, Blackwell
Must Pre-Register. Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- Oct 24
(11:30a) **Chronic Disease Self Management Program Kick Off Event**
Medford Nutrition Site, Medford
Must Pre-Register. Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information

Questions?

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Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

- Oct 25
(11:30 a) **Chronic Disease Self Management Program Kick Off Event**
Newkirk Nutrition Site, Newkirk
Must Pre-Register. Contact Judy Broomfield or Peggy Hager
- Oct 27
Waterloo Nazarene Community Health and Safety Fair, OKC
Arthritis Information Available
Contact Marietta Lynch (405) 524-8338 for more information
- Oct 27
Arthritis Walk—Muskogee
To register: www.muskogeeearthritismwalk.kintera.org
(800) 400-4526
- Oct 30
(9:00 a) **Chronic Disease Self Management Program, Blackwell**
Blackwell Nutrition Site
Must Pre-Register. Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- Oct 31
(9:00a) **Chronic Disease Self Management Program, Medford**
Medford Nutrition Site
Must Pre-Register. Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- Oct 31
OAN Advisory Council Meeting
Chesapeake Boathouse
Contact (405) 271-9444, ext. 56535

November

- Nov 1
(9:00 a) **Chronic Disease Self Management Program, Newkirk**
Newkirk Nutrition Site
Must Pre-Register. Contact Judy Broomfield or Peggy Hager
(580) 237-4810 for more information
- Nov 8
Oklahoma Parks and Recreation Association Annual
Conference, Tulsa
**"Enhanced Fitness and Health Programs Designed for
Adults of All Ages"**
- Nov 15
Oklahoma Arthritis Network Meeting
Oklahoma State Department of Health, OKC
Call (405) 271-9444 x56535 for more information.
- Videoconferencing Available;
Rogers County Health Department - (918) 341-3166
Garfield Co. Health Department - (580) 233-0650, ext. 147
Tulsa Co. Health Department - (918) 582-9355

December

Questions?

Call (405) 271-9444, ext. 56410 or contact by e-mail: marisan@health.ok.gov



Oklahoma Arthritis Network (OAN) 2007 Calendar of Events

Dec 6-7
(Dec 6 @
1:30p & 2:40p)

Turning Point/Fit Kids Conference
**"The Proof is in the Program -- an overview of Oklahoma's
Evidence-Based Health Initiatives"**
Speaker: Ellen Young RD/LD, KEDDO Area Agency on Aging
University of Central Oklahoma, Edmond
Call (405) 271-9444, ext. 56513 for more information

Questions?

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